

America's Tiniest Newspaper



ALPINE SUN



Best Climate, in US by Government Report

VOL. 15, No. 21

ALPINE, CALIF. FRIDAY, MAY 27, 1966

10¢

Paving Dunbar Lane

Contract for paving, grading, an asphalt concrete dike and necessary drains, went to Perry Bros. Const. Co., of Santee for \$58,226, a price well below the engineer's estimate of \$68,891. The erry contract was awarded last Tuesday by supervisors. The job is under the 1911 Improvement Act.

This makes a fine improvement for a part of Alpine that is fast growing and will continue to expand due to the Dunbar Lane Interchange now under construction by C.W. McGrath, contractor for the section of Interchange 8 between Harritt Road and H Canyon.

NAB ADULT BURGLAR

Sheriffs have in jail an AWOL Marine, Jerry Williams, 18, from the Marine Base, who entered McGuffie's Drugstore Sunday night, took candy and cigarets. At first it was thought juveniles had done it.

Sgt. H. Schilpp said Williams and another Marine stole a pickup, headed east, split up in Alpine after they fled into the brush from the truck when a patrol car came along.

The home of Mary Fountain, Hwy 80, was entered, clothes and a gun taken, but were recovered. The other Marine is still at large.



THE SCOUT FAIR, at Del Mar Fairgrounds Saturday, was biggest yet, with officials and Sheriff Joe O' Connor, chairman, on hand to greet everyone. In photo (l to r) Wm. Postma, Assistant Scout Executive, Celeste Irvine, Sheriff O'Connor, Harlow McGeath, Scout Commissioner and Cecile Irvine. Record crowds attended and Scouts from all over area displayed their talents.

80 to be Alpine Blvd.

At the last session of the chamber of commerce, Alpine Blvd., won by votes as shown, from the various local organizations asked to select one of three names submitted; Alpine Blvd. 187, Alpine Village Drive, 79, and Alpine

More on 13

2 FAMILIES BUY HOMES

Cyrus A. Jaffari, his wife Diane and three children have just bought the Bender house, 2620 Via Viejas. They came from Torrance. He is president of the Chemical Energy Co., of SD.

Jos. I. Timok, his wife Linda and one child, from Aurora, Ill. have bought the Radsliff place, 2925 Via Viejas. He is with the Kitzman plumbing firm in LM, has been batching while the family is en route west.

Both sales were by Pierce Realty of EC, owners of the subdivision.

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COMMUNICATION is great aid today in fighting fires. Here James Fenlon, in charge of State Forestry Division at LM, directs operations. He is veteran at this work, has handled many large blazes around county, often from the air, as he is a pilot.

SUN BACK ONE YEAR NOW

With this issue the Sun starts its second year since taking it back with the issue of May 28, 1965. Most of the staunch friends and advertisers have come back, too, latest being Security First National Bank and San Diego Gas & Electric Co. Subscriptions have been steadily advancing and the future looks bright, for which the Sun is mighty thankful.

Unification Talk at CofC

At Wednesday night's session of the chamber of commerce members heard pro and con talks on unification. Robert Spencer, principal of Santana HS car-HS on a for argument while Chas. C. Campbell, school trustee of Alpine, expounded against the measure.

Chamber directors went on record as being against it, just as the school board is.



Sheriff Joseph C. "Joe" O'Connor

Re-Elect
**SHERIFF
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BACKGROUND

- 9 years as San Diego County Deputy Sheriff
 - 12 years as Chief of Police, City of El Cajon
 - Completing his first full term as Sheriff of San Diego County
- Military Service:** U. S. Marine Corps, Machine Gunnery, Fleet Marine Force, Military Police, 1934-38.

Advance Training: Marine Corps Institute, San Diego Jr. College, Los Angeles State College, University of Southern California, Federal Bureau of Investigation National Academy.

Specialized Training: Administration and Management, Police Sciences, Radiological Monitoring, Narcotics, Juvenile Delinquency, Homicide and Traffic.

Special Qualifications: Teaching Credentials for State of California, Member of Faculty of San Diego City College, Police Science Advisory Board of San Diego City and Grossmont Colleges.

ACCOMPLISHMENTS as your Sheriff

New bailiff program saves taxpayers approximately \$60,000 per year. Instigation of new Air Transport System for prisoners that cuts average transport costs 40 per cent, saving approximately \$17,000 per year. Establishment of a Sheriff's Training Academy, an accredited off campus school of San Diego City College to train Deputies.

Brought crime detection laboratory equipment up to date.

Established a new and outstanding Search and Rescue Division consisting of Aircraft, Para-Medics, Horsemen, Four Wheel Drive Units, Communications and Bloodhounds.

Set up a Pistol Range in basement of staff headquarters to reduce transportation and traveling time costs.

VOTE for SHERIFF O'CONNOR

Paid for by Elect O'Connor Sheriff Committee

EDITORIAL

Monday Real Americans Always Remember

The sacred remains of three veterans lie under the warm soil in Alpine Cemetery where a small piece of the good earth support the Veterans' Memorial. It is a simple arrangement with inscribed stone, a wall, and tree. But it represents America's brave men who gave their lives, or limbs, or who still lie suffering in hospitals across this great and free land.

Monday is Memorial Day. Alpine veterans will hold their annual inspiring observance of this sacred day to remember those who fought in all US wars. Three organizations take part; Veterans of WW1, The VFW and the Fleet

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11-12-59. IN SUPERIOR COURT. NO. 238120



Reserve Assn. Viejas Indian Post will take part.

Cdr. Bert Fuller, USN ret., who conceived the idea of the memorial when he headed the VFW three years ago, will be emcee. Cdr. Perry Welch of the WW1 barracks, is in charge with Sam Hanson as committee chairman.

To see this service is a moving thing in the life of an American. It will start at 11, the hour the Armistice (Veterans' Day), was signed in France on Nov. 11, 1918. The Rev. John Amundsen will give the invocation. At the close, a bugler will sound Taps.

Had these servicemen not engaged in battle, this country might not today be enjoying the highly valuable freedoms it has. At Armistice, America had 4,447,000 men in its armed forces. Many were to be killed, to be on duty 24 hours a day, seven days a week, to be shot at and gassed, or to be blown out of the ocean, or to live a life of hell in cramped rat and cootie infested trenches.

To those whose hearts beat with the red blood that Old Glory's crimson represents, Memorial Day is not one on which is just go picnicing, or to the races, or to sleep; it is a day to remember and be thankful for. -CI

START HORSESHOW RING WORK

Chamber of commerce crews have started actual work of transforming the Youth Center ballfield to a show ring for the chamber's annual show Aug. 6 and 7, it was reported to the last meeting of that body.

Treasures in Words

Look unto me, and be ye saved, all the ends of the earth; for I am God, and there is none else. Isaiah 45:22.



FIGHTING brush fire, J.L. Mulder, right, and R. Stephens, of state forestry division.

Fool me once, shame on you; fool me twice, shame on me.

OBSERVE RURAL LIFE SUNDAY

In Community Church last Sunday week they presented Rural life Sunday with Alpine Amigos 4-H Club attending the 11 am service, reports Dr. Roger Larson. Representing that group were Cindy Byers who led the responsive reading while Randy Hine read the Scripture. Dr. Larson spoke on "The Mustard Seed".

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ONE BLOCK TO ENTRANCE.

Chas. Smith Enters Realty

After 14 active years of success in the fence business, Chas. Smith, 1601 South Grade Road, has started a new



The new real estater has lived here eight years with his wife and three boys, George, 15; Ronnie, 10 and Chuck, 8. He built his home here about seven years ago when he was running American Fence Co., in EC. Prior to that he had been with Atlas Fence in SD, and for the past year, running his own California Fence Co., here.

"We like Alpine and believe in its bright future" he said, "and that is one reason why I entered real estate; the freeway will help make this one of the finest suburban communities in the Southland". He is a native of El Centro, his wife of N. Dakota.

VACATION CHURCH SCHOOL DUE
Next month the annual Vacation Church School will be presented at Fuller Hall. Those willing to help are asked to contact Mrs. Richard Hageman who will be in charge.

Pleasant memories must be arranged for in advance.

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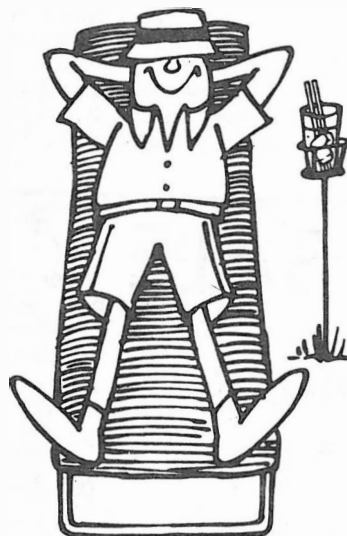
445-2717

career in Smith Realty, 2251½ Hwy 80, with Al Smith, broker. He recently received his salesman's certificate, started Monday.



ENTHUSED parents in Scout work are Mr. and Mrs. LeRoy Wedel and Carl Christensen who spent the day at Del Mar helping boys with their many

projects. In photo Christensen and Assistant Den mother Mrs. Wedel display craft work done by pack, while Cub Master Wedel looks on.



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Horse Talk

By Cynthia Irvine

We were talking to Nancy Sockwell last week and discovered that the horse Linda Wake bought was none other than Trampus, the colt she raised. Eileen Dun's sister bought him and sold him in Alpine so Linda had the change to buy him. She is going to finish him out as he is out of Dun's stud Zephyr so has a lot on the ball besides being pretty.

Tommy and Billy Gault are trying to sell their mare Princess and colt either separately or together. The colt is a sorrel and has had some training by Mr. Mac so call them if interested.

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LETTER TO THE EDITOR:

It is my opinion that a Grossmont School unification should be voted down, if for no other reason than to save our local control and not put it in the hands of a 7-member board, two candidates of which are presently on the Grossmont College Board and are proven to have left wing leanings. The present board allows atheists to talk on the campus and also employs a college instructor who is a "jailbird", having been sentenced for illegal participation in civil rights demonstrations at the Bank of America in San Diego. Is this the kind of leadership we want in our public schools? If it is, then vote for Grossmont unification.

Sincerely,

William F. House,
Alpine, Calif.

Last Thursday Mama saw the little Shetland pony Peanuts that the Woods are taking care of, run loose down the road. She tried to catch it but it kept on going. In a few minutes she saw someone walking up the road with the horse, and then a gray convertible picked the boy up and had the pony walk behind the car. When they came to Wood's drive-way they didn't stop but kept right on going. As of this date the horse has not been returned. He has to be somewhere and they have looked but without results. If you know where Peanuts is, please contact them.

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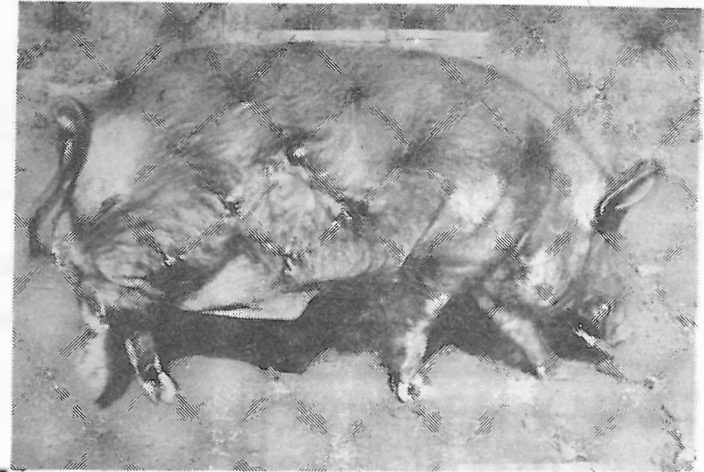
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have seen"
Photo by Cynthia.



JERNEY BOYS WIN FIRST PLACE

The annual Regional Field Day of 4H Clubs of So. California was Saturday at the U of C at Riverside with Charles and Roger Jerney taking first place for their demonstration "The Silent Firemen" under agricultural engineering classification. The boys were elated as they took a first over all So. California Clubs. Mrs. Edwin Schwenck, Mrs. Joe Coppola and Ken Jerney took Donna Schwenck and boys over for the Day. Donna was the only person in SD to receive a blue ribbon for her judging of foods.

WHEN YOU SAVE ENOUGH to eliminate rainy days for yourself, then your relatives start sending in bad weather reports.

POPPY DAY HELPS SERVICEMEN

Today is annual Poppy Day, sponsored by the American Legion Auxiliary. All contributions go toward aiding victims of war in hospitals, also to help widows and children of men who died for the freedom of their country.

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El Cajon

10
MISS ABLETT TO EUROPE

Stanlea Ablett, 21, daughter of Mr. and Mrs. Ablett, Spring Valley, is leaving by jet June 23rd for Europe to be gone all summer. She graduated from Westmont College, LA, hopes to find a job in Germany this fall. Her roommate Jane DeMoss is taking the trip with her, will tour the Continent together and Jane may stay there too if employment can be secured.

Worry can cast big shadow behind small thing.



BAPTIST church on East Victoria, above Hwy 80, on right, soon to be moved to Arnold Way at Tavern Road. Photo was by Editor Irvine in club plane with Al Smith as co-pilot; in middle foreground is Outpost, owned by the Chas. Shorters. Interstate 8 will take church property.

INCINERATOR PERMITS REQUIRED
Fire Marshal Leroy Wedel reminds citizens that, according to burning regulations of the local fire district, "a written permit is required at all times to do any burning. Incinerator permits are issued on an annual basis. And do not forget that June 1 is deadline for weeds to be removed 30' from all structures; 10' from incinerators."

The politician's promise of yesterday are the taxes of today.

COUPLE BACK FROM IDAHO

Mr. and Mrs. Frank Conklin are back from a two weeks trip to Mountain Home, Idaho, where they went to visit their daughter Catherine Startin, her husband and two daughters. They drove over and back, hit hot weather crossing the desert but otherwise "was beautiful trip" they say. Murial Bowlus was looking after their home on Marshall Road until her accident when Ruth Brudett took over, did what she could till their return Sunday.

To the Alpine Sun

Hi: So glad to see you are back in business again. Please put our name on your subscription list. Check enclosed. Thanks, Mrs. J. E. (Jack) Berg
Thanks, folks, glad to hear from you and to know that you are also busy in your insurance business. - CI

11
FAIR STOCK AUCTION TOMORROW

Doug Fordyce reports that all licensed merchants who buy animals at the stock auction tomorrow starting at 2 pm at the East County Fair in EC., may deduct all above the market price paid for any animals.

"This is chargeable to advertising" he says. The fair opens today at 5 pm at Gillespie Field.

FRIENDS: Two women who are mad at the same person.

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DOUBLE TALK

By Cecile & Celeste Irvine

Mama, Celeste and I drove to Del Mar Saturday to the Scout Fair and it was the best and biggest we have ever gone to. The parking lot was filled, just like Fair time, and the kids were all active. We watched one outfit build a watchtower with skinned eucalyptus limbs and rope and it was plenty sturdy. Everyone had a lot of fun and we enjoyed ourselves the whole day.

Cynthia got a very interesting letter from Gordon Westfall who is stationed in Germany and he is really having a ball. He met a nice family that invites him to their home when he has leave. He has taken quite a few tours of the area, so will get to see a lot in the three years is over seas.

Donna Schwenck had to take her registered Nubian goat down to Dr. Dedrick for an eye infection. She doesn't know how it happened but after he put penicillin around the injured area it cleared right up.

Saturday morning Jo Ann Villa's mother came over to get us as a swarm of bees had latched themselves to a large bush in their backyard. The bees were thicker than we have ever seen them and were hanging on to each other, making a sack as large as a small watermelon. We called Ker Jerney, as they have bees, and he came over with a hive. He got most of them in but by Sunday night they had started to go back to the busy. He says they will all go in and it was very interesting to see him handle them.

April Mansfield's cat had kittens last week and they all died so she came

over and borrowed a kitten that Susan Innis had and didn't want. The mother cat was real happy and thought it was one of hers although it was two weeks older than hers. Susan is moving to Pacific Beach next week so would like to find homes for two of hers.

Nellie Keller had some sad news to give us last week-end. Her little Chihuahua Sparkie was poisoned and died before she could get her to the hospital. Someone threw a hunk of meat over their fence and deliberately killed the beautiful registered dog. Nellie was just sick about it but still has one of her pups that she will keep, so it helps ease the pain of losing the dog. People who do things like that have to pay for it one way or the other. It is unbelievable that humans can act like that.

Our Aunt Myra Kirkendall wrote us some news. She triped over the lawn sprinkler and broke her ankle in several places so is in the hospital with a cast on her foot. Daddy will get up to see her as he is flying up to LA to attend his old school reunion of St. Vincent's where he went to college.

Mike Webb, a member of Lakeside Explorer Scouts, took his collection of snakes to the Scout Fair Saturday with his mothers help.

George and Julia Buell had their 16th birthday party last week-end and invited their friends from the Canyon.

Dorothy Rash and her boy friend Blaine Lawless have been comparing black and blue spots this past week. They were in the wreck last Thursday that turned over on Hwy 80 and pinned them under the car along with Mariann Clay who was also bruised and banged up a little. They were three lucky kids to come out of it like that.

MONDAY IS TO REMEMBER

Once More America pauses in its mad journey on business, science, progress, schooling, living-- to observe Memorial Day-- so Monday this year makes a long holiday week-end.

Local Veterans will conduct their annual observance at the Veterans' Memorial in Alpine Cemetery. "All veterans of every organization, and their Auxiliaries" says Perry Welch, commander of Mt. Barracks, 2716, Veterans of WW1; "are invited to attend".

There will be various religious and military observances in SD and nearby areas, also aboard ships, to which the public is always invited. (Please see editorial, Page 4).

FAIR SPACE ABOUT SOLD OUT

Roy Welch, manager, SD County Fair reports that commercial spaces are just about sold out for the great exposition in Del Mar.

"If you want something, we've probably got it somewhere on the ground" says Welch, "for there will be all manner of things-- sauna baths, campers, do-it-yourself photo booths, even an organ-grinder with his monkey and a hundred other items".

80 TO BE ALPINE BLVD.
Village Road, 25.

This is the name the chamber submitted to supervisors last year and which they will officially designate when Interstate 8 (freeway) is finished through here at the end of 1967.

LEGALLY, THE HUSBAND is the head of the house, and the pedestrian has the right of way. Both are fairly safe unless they try to exercise their rights.

George Lengbridge
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ONLY 4 DAYS FOR CUTTING WEEDS

Alpine has had one small brush fire already and as the vegetation this year is extra heavy due to the big rains, the fire department suggests you observe deadline date, June 1, next Wednesday, for getting rid of grass and weeds to within 30' of all structures, 10' from incinerators.

In the Sun for May 6th the news was run that Mrs. Mildren Wentz's son Cpl. Wm. Wentz, 22, had been wounded in Viet Nam and was sent to Manila to recuperate from a broken arm and other wounds.

Mrs. Wentz called Saturday to relate that he was doing fine, would be back in action as soon as he was able.

She runs The Last Chance Inn with F.F. Ferguson, her Uncle.

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PLAYWEAR SALE AT KID KORRAL

With vacation just around the calendar and the swimming season already on, Nelson's Kid Korral is staging a Playwear Sale, 912 East Main in EC, reports Mrs. Nelson, owner.

"At this sale, price is only \$1. each piece", she says, "and there is a big selection of shorts, pedal pushers, sun-suits and so on".

A man doesn't fully understand the meaning of family ties until his teen-age son becomes clothes-conscious.

Evelyn's BEAUTY SHOP

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O'Connor has Achieved Much

Genial but authoritative Sheriff Jos. C. O'Connor, whose 24 years' experience in law enforcement with an outstanding performance, including nine years as SD County deputy sheriff and 12 years as chief of police in EC, seems destined for reelection, say his committee.

One of his chief accomplishments was the new search and rescue division with aircraft, para-medics, horsemen, 4-wheel drive units, communications and bloodhounds. Another air facility was his air transport system for prisoners that has cut costs 40%, saving about \$17,000 annually.

"Yes, we'd like to see Alpine get an air strip", he told the Sun this week, "for we could base our planes there when an emergency arises in the back country; also it would be invaluable for bombers in fighting forest fires, plus the fact that we could take off many days when it is fogged in below".

O'Connor has studied hard for his position, in administration, and management, police sciences, and many other subjects including traffic. He has state teaching credentials, is a member of the faculty, SD City College and other schools. He served as gunner in the Marines, and otherwise has fitted himself for the position of heading the county sheriff's department. He is married, has three sons.

CONCERT FOR GRANITE HILLS HS

On Thursday, June 9, at 7:30 there will be a concert by the Greenfield JHS Band and Glee Club in the Granite Hills HS, which is open to the public. Adults, 50¢, students, 25¢.

IF YOU CAN keep your head when all about you are losing theirs, perhaps you don't understand the situation.

Water Wells PUMPS

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Boys Started Brush Fire

Smart little boys who start brush fires for fun do not realize that their parents have to pay more taxes to maintain fire fighters, thus they have less to spend on nice things for boys, so they lose out by such mischief.

Last week's first brush fire off South Grade Road, near the Stewart Ranch, reported by 11 year old Timmy Webb, required Alpine, county, state and federal men and equipment to contain it. Besides it menaced homes nearby.

Investigators said boys started it and not accidentally. It cost thousands to rush men and trucks to the scene-- all added to taxes.

The fire season is here with abundant vegetation fast becoming tinder dry so all should be extra careful this season, say fire officials.

GAULTS SELL, THEN MOVE

Cdr. John Gault, USN, retd., has sold his ranch, South Grade and Tavern Roads, and with his wife Donna, and two sons, Billy and Tommy, have taken the L.L. Adamkewitz ranch (former John De Mott Place) at 2690 South Grade Rd. The deal was handled by Anna Jerney of Alpine Realty.

READYING FOR YC BARBECUE

Al Adams, prexy of the YC made a brief talk to the last session of the chamber of commerce inviting all to be present at its annual barbecue on the center's spacious grounds.

GOES EAST ON VACATION

Mrs. Sandra Descoteaux, daughter of Mrs. Mary Lacko, of Alpine's Active Sportswear Shop, left yesterday with her three children for Ohio and Kentucky to spend two months. She will return after the new shop is built in front of the house where she has been living on Hwy 80.

It's harder to conceal ignorance than to acquire knowledge.

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Call 442-0201



Mrs. Henrietta Sanford and Mrs. George Buell surprised Mrs. Buell's niece, Mrs. Dean Humerickhouse, with a baby shower last week at her home in the Canyon. There were 20 guests and she received many beautiful gifts. This will be their 5th child.

BUSY CUBS from Alpine spent the day at Scout Fair making many items while Cub Master LeRoy Wedel and Carl Christensen help with problems. Elna Bratt, Den mother for Cub Pack 350, Betty Brooks and Ann Kochel took turns in booth with young cubs who made colorful ceramic items.

LEGAL NOTICE

40547 CERTIFICATE FOR TRANSACTING BUSINESS UNDER A FICTITIOUS NAME

It is hereby certified that the undersigned corporation is transacting business in El Cajon, County of San Diego, State of California, under a fictitious name, or a designation not showing the name (s) of the person (s) interested therein, to-wit:

- Thrift Way Company
2284 Fletcher Parkway, El Cajon, Cal. 92020
WITNESS my hand this 16th day of May, 1966.
1. Fletcher Hills Realty By Geo. C. Fisher, V. Pres.
 2. Fletcher Hills Realty By Geo. C. Fisher, V. Pres.

2392 Tampa Ave., El Cajon, Cal. 92020

STATE OF CALIFORNIA

COUNTY OF SAN DIEGO ss

On this 16th day of May, 1966, before me Rita P. Parker, a Notary Public for said County and State, duly commissioned and sworn, personally appeared Geo. C. Fisher, known to me to be vice president of Fletcher Hills Realty and known to me to be the person whose name is subscribed to the within instrument, and acknowledged to me that he executed the same.

IN WITNESS WHEREOF, I have hereunto set my hand and affixed my official seal the day and year in this certificate first above written.

Rita P. Parker, Notary Public in and for said County and State,
Alpine Sun, May 20, 27, June 3, 10, 1966

LEGAL NOTICE

No. 48449 CERTIFICATE FOR TRANSACTING BUSINESS UNDER A FICTITIOUS NAME

It is hereby certified that the undersigned are transacting business in Alpine, County of San Diego, State of California, under a fictitious name, or a designation not showing the name (s) of the person (s) interested therein, to-wit:

- Last Chance Inn
2598 Hwy 80, Alpine, California, 92001
WITNESS our hands this 27th day of April, 1966
1. Fay F. Ferguson
2520 Hwy 80, Alpine, Calif. 92001
 2. Mildred Wentz
2520 Hwy 80, Alpine, Calif. 92001

STATE OF CALIFORNIA

COUNTY OF SAN DIEGO ss

On this 27th day of April, 1966, before me F. Carlton Nettwick a Notary Public for said County and State, duly commissioned and sworn, personally appeared Fay F. Ferguson and Mildred Wentz known to me to be the persons whose names are subscribed to the within instrument, and acknowledged to me that they executed the same.

IN WITNESS WHEREOF, I have hereunto set my hand and affixed my official seal the day and year in this certificate first above written.

F. Carlton Nettwick, Notary Public in and for said County and State,
Alpine Sun, May 13, 20, 27, June 3, 1966

MOVE BAPTIST CHURCH

The attractive building of the First Baptist Church of Alpine on E. Victoria near Hwy 80, which was auctioned last week to make room for the freeway, will be moved down to Arnold Way at Tavern Road, where they just bought a lot that once was Alpine Trailer Park. It adjoins the school, is equipped with all utilities including a restroom and cottage. Woolman Enterprises of SD is doing the moving.

Seller was Samuel T. Tribit of Chester, Pa. The site has 200' on Arnold, about 200 on Tavern. The deal was handled by Anna Jerney of Alpine Realty. The site was already approved, so no delay will be made getting a variance in the R-3 zone. They hope to be in by July 1. Presently meetings are being held in the school auditorium.

ALPINE IMPROVEMENTS UP

Clyde Allen owner of Valley Equipment & Rentals, 12839 Hwy 80 in EC, says quite a bit of business is coming from Alpine where people are building and improving.

He thinks the freeway means more folks will be living up there, where they can have horsea and live the country life.

They have all kinds of equipment and trailers for rent which people need in doing all kinds of work around a home or ranch.

Moxeys Take to Air

After looking for an ideal aircraft for weeks, Mr. and Mrs. Hank Moxey finally purchased a 4-place Stinson which they keep at Gillespie Field. Hank was a navy pilot during WW2 and Korea, is presently in the reserves, so has chalked up thousands of hours in the air.

They have been enjoying it weekends, last Saturday flew to LA, may go over to New Mexico tomorrow to see his father who is also a pilot. Mrs. Moxey took the controls on the way back and said "yes, I am certainly going to learn to fly and Linda and Lori are also thrilled with the prospects of taking their turn at the wheel."

Moxey is just one of some 20 pilots here who would like to see an airpark.

Mrs. Esther Button, aunt of Mrs. George Buell, was a guest at her home this past week. She lives at Seal Beach, enjoyed Alpine's warm weather.

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Sunday Services 11 A.M.
Sunday School 9:30 A.M.
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ABLETTS SELL HOME

Mr. and Mrs. Wm. Ablett, 1605 Alpine Terrace, sold their nice two bedroom home to Mr. and Mrs. Frank Burr of SD who have already moved in. The Abletts bought a 55' Fairmount expando trailer and moved to Royal View Terrace, 1200 Grand St. in Spring Valley. Mrs. Ablett says "best move we ever made but do miss our Alpine friends." She is school nurse for this district.

GROSSMONT CONCERT JUNE 5
The Music Dept. of Grossmont College presents its annual Spring Concert on Sunday, June 5, at 3 pm in the Student Center, under direction of Carroll M. Reed and Robert A. Emile. There is no charge and the public is invited to hear the many talented performers.

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51 Chevrolet, Excellent Cond. \$200. 445-2212.

Baby Crib & mattress, standard size, \$25. Rear of 2315½ Tavern Road.

Mark Keeter moved to new location, 8941 El Dorado Pkway, Johnstown. Hay and Grain. Closed Mondays. 443-3448.

1965 SINGER AUTOMATIC SEW. MACHINE TAKE OVER BALANCE OF \$53.25. PAYMENTS OF \$5.10 PER MO. EVERYTHING BUJCT IN TO ZIG ZAG. BUTTON HOLE. FANCY PATTERNS. ETC. 460-3868.

FOR RENT

HOUSE FOR RENT, 2 BR, car port, adults, Water paid. \$75. mo. 445-2394 445-2415.

House for Rent, Furn. 1-BR, suitable couple, no smokers, drinkers. \$70. 445-3310.

For Rent, 2 BR house, 219 El Cajon Blv. El Cajon, Cal.

FOR SALE, LAND

520 Acres in Alpine, 500 per acre. Write Broni, Box 1, Wixom, Mich.

WANTED TO RENT

WANT TO rent or buy in Alpine, 3-BR home. Private. 445-3187 (tf)

HELP WANTED for 3 days while mother in hospital. Care of 2 year old, my home. Pref mid. age lady. 445-4348.

\$80. to responsible tenant, large furn. 4 BR 2 bath, fireplace, water paid. Descanso, 445-2228. (5-20)

SPECIAL NOTICES

Ruth Burdett, piano lessons, 445-2877.

MOVING, hauling & power mowing. Call Mac from 5 to 6 pm. 445-2955.

TED WEEKS JR. CONSTRUCTION CO. gen. contractor, commercial, residential, remodeling, 11437 **Locoso Rd, Lakeside. 443-1898.**

WOMEN WANTED ALPINE AREA, join the thousands of Fullers earning \$4. to \$5. an hour in their spare time selling Fuller Brush products. Phone 729-3167 or write Al Hollman, 131 Hemlock Ave. Carlsbad, Cal.

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CASH LOANS, Buy, sell, trade; Diamonds, Guns, Typewriters, Ect. Bud & Ray's, 115 W. Main, EC. 444-3628

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WHERE THE SUNSHINE SPENDS THE YEAR

Sugar- Its Uses & Abuses

By Frances McTaggart

Sugar is essential in the human diet and this is why Nature has put it in varying amounts in most foods we eat. There are groups of fruits and vegetables spoken of as 5, 10, 15, 20%. This is the percentage of sugar contained in these foods. Even muscle meat and liver contain a type of starch (glycogen) which is changed into sugar during

digestion. All starches are converted into sugar and afterwards deposited in another form in the liver and muscles.

The sugar of fruits represents a form of food requiring no digestion, while the sugar found in beets, the cane plant, and the maple tree must be acted upon by the digestive juices of the intestines before they can be absorbed.

A hearty eater will consume up to 2 cups of sugar daily (natural sugar in foods) without even touching refined sugar in any form, so when we add bakery, candy and soft drinks to our diet we are inflaming the membrane lining of the throat and stomach much the same as salt. This is proven by the fact that sugar produces thirst similar to that produced by salt.

Cont'd, next week. Here's to your health the natural way.

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